

# **A Prayer of Consecration to Jesus through the Holy Family**

**O Most Holy Family of Jesus, Mary, and Joseph, I, a broken but redeemed sinner, consecrate myself to you with a heart full of love and gratitude for the wholeness you offer me, and as I recognize and rest in the deep and abiding peace that flows from your Three Hearts. In your humble, yet perfect, School of Love, you sanctify simple, everyday moments and teach us the joy that resides in true humility and meekness. Though hidden to most, in the quiet years lived in Nazareth, you shared your lives and exuded perfect holiness and virtue. Now, I desire to unite myself to you and learn from you.**

**Jesus, my Precious Lord, my God and Savior, you have invited me and welcomed me into your family. You have given me a perfect Mother in Mary and a perfect Father in Joseph. Through the tender embrace of Your Mother and the faithful protection of Saint Joseph, may I always remain close to you. May my life be formed in the image of Your family, rooted in love, trust, and sacrifice. I place my worries, my joys, my fears, and my desires in Your hands, knowing that in Your love I am safe and accepted.**

**Mary, my Blessed, Immaculate, and Loving Mother, you who see into the depths of my soul, you who hold my heart with such maternal care, I offer you my life, my thoughts, and my actions. You see my wounds and my brokenness. With a mother's touch, you heal me. May I learn from you to love as you love and to be open and receptive to God's will as you are.**

**Saint Joseph, my faithful protector and guide, my spiritual father, I turn also to you and approach you in whom I can securely place my trust and my troubles. In your quiet strength, with the greatest of virtue, you cared and provided for Jesus and Mary. You complete the Holy Family and gift it both materially and spiritually with your stable and paternal presence. May I also care for my responsibilities with courage, with patience, and with an ever-deepening trust in God's plan for me. Help me to work with faithful diligence and humility, as you did, and to protect those entrusted to my care with the same devotion you showed to Jesus and Mary.**

**Holy Family, Sacred, Immaculate, and Chaste Hearts, I ask for your intercession and guidance in every moment of my life. May the peace that resides within your School of Love fill my heart, and may I always feel welcomed into the love that you share. I offer my whole being to you, trusting that as I live in communion with you, I may find healing for myself, grow in perfection and virtue, and draw nearer to our Heavenly Father in whom we are all called as children and destined to be with for all eternity. Through this humble consecration and your intercession, may I do justice to your names, glorify God, and fulfill my calling in this world.**

**O Jesus, Mary, and Joseph, I consecrate my life to you, now and always. Amen.**

